

NEWSLETTER

On the 7th of February 2024, Project SAKSHAM of Seva Kendra Calcutta hosted a transformative program in New Horizon Hall, focused on fostering social interaction and skill development among children. The event saw the participation of 21 individuals, including children, a special educator, and a clinical psychologist.



A cornerstone of the program was the implementation of Lego-based therapy. Utilizing the versatile and engaging medium of Lego bricks, participants were immersed in activities designed to enhance various skills crucial for their development. Lego-based therapy has proven to be an effective tool for promoting social interaction, turn-taking skills, sharing, collaborative problem-solving, and the acquisition of fundamental concepts. Moreover, it serves as a platform to target goals related to social skills, language proficiency, and motor skills.

A highlight of the event was the visit of Mr. Ghanshayam Sharma, the CMD (Chief Managing Director) of Hindustaan Copper Limited,

accompanied by his wife, Mrs. Ritu Sharma. Their presence added a significant dimension to the proceedings, bringing a sense of community engagement and support to the children. Mr. and Mrs. Sharma actively engaged with the participants, interacting with them on a personal level and providing them with treats, which undoubtedly brought smiles to their faces.

In summary, the program held at New Horizon Hall on the 7th of February 2024 was a testament to the power of creativity, community engagement, and therapeutic intervention in supporting the holistic development of children. With the combined efforts of dedicated professionals, supportive individuals like Mr. and Mrs. Sharma, and the inherent resilience of the participants, such initiatives serve as beacons of hope and progress in nurturing brighter futures for all involved.



HEALTH CAMP



"A healthy nation leads to a prosperous nation"

We are delighted to share the success of the Health Camp held on 22nd February, organized by Seva Kendra Calcutta in collaboration with Neotia Bhagirathi Hospital with the Project: Prevention of Substance Abuse and Tuberculosis, at Dhapa Para near Santi Yuba Sangha Club.

The Health Camp aimed to provide essential health services to our community people. There were 4 Doctors, 5 volunteers and club members.



There was total 210 participants. There was Registration and counselling counter where our staff focused on raising awareness about the importance of preventive health care, emphasizing on healthy habits such as regular exercise, balanced diets, and proper hygiene practices. All the people were registered and given counselling and awareness then referred to Doctors for primary health Check-Up and provided free medicines by doctors and also further information and follow-up mentioned by doctors in medical prescription. For the adolescents' girls, Children and women provide Health and hygiene kits.

We are committed to promote the well-being of our community and empowering individuals to take care of their health. Thank you to all who participated, and we look forward to continuing our efforts together for a healthy Community.

CHILD-LED DISASTER RISK REDUCTION TRAINING AT YOUNG MIND LEARNING



On 12th February 2024, Project SAMBANDH hosted a Child-led Disaster Risk Reduction Training at Young Mind Learning and Innovation Centre Serampore ASHA Farm in Hooghly district.

Our young minds took the lead in this hands-on program, they delved into essential skills like rescue methods and even got crafty with life jacket making – all within non-budget and budget-friendly means. But why is this so important, you ask? Well, let's talk about preparedness. In the face of disasters, whether natural or man-made, being equipped with the right knowledge and skills can make all the difference.

From learning how to respond swiftly in emergencies to actively contributing to the safety of their surroundings, 32 participants from Free Tutorial Coaching Support and the dedicated staff of Project SAMBANDH walked away with newfound confidence and a sense of duty towards the community.

A heartfelt thank you to the maestro behind our Child-Led Disaster Risk Reduction Training, Mr. Mominul Islam. With over a decade of knowledge and hands-on experience, he brought an unparalleled wealth of expertise to the training. His guidance and mentorship transformed the training into an enriching experience, leaving an indelible impact on each participant.