
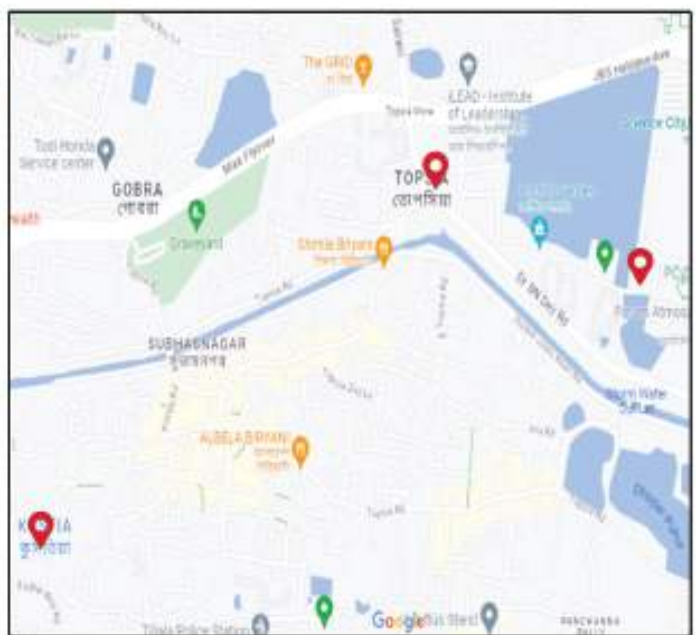


Prevention of Substance Abuse and Tuberculosis (PSAT)

 **Funded by:**
Likvidace Lepry

 **Project period:**
From May 2022 to April 2024

 **Operational Areas:**
Ward 58, Dhapa, Jolpara, Kacharipara, Muslim Camp, 69 DC Dey Road, 12 No. P.K Road, 25 & 26 Nos., 19 No. P.K Road, Ward 66, Mazdoorpara and Digipara





Project Objectives:

- To create public awareness and educate community people about the ill-effects of alcoholism and substance abuse on the individual, the family, the workplace and society at large.
- Improved access to comprehensive, integrated and high-quality TB care including active case finding and contact tracing at the community level and are able to make adequate use of the services, including increased knowledge regarding TB.
- Formation of 15 Community Level Active Surveillance Team by engaging women, youth, faith leaders and SHG members for effective intervention in identification and management of stigma and discrimination.
- Linkage with the Treatment Centres – primary medical care for drug users, drug detoxification services, home based detoxification services, and outpatient treatment centers. Also, linkage with the DOTs center (Tuberculosis Treatment Centers).
- To provide support for skill up gradation, self-employment, organization of Self – Help Group (SHGs) and other assistance for gainful employment.



Project Goal:

Minimize the usage of drugs and alcohol among the adults, youth and children; also develop their attitudes and abilities to reduce TB incidence and TB mortality.



Project Activities:

Activities	No. of activities
Formation of CLAST team	15
Capacity Building	7
Seminars & Workshop on	5
Cultural Show	11
Street Show	4
Community level Meetings / campaigns	62
Events for substance abusers	1
Community outreach through	5
Health Camp for the community	8
De-addiction camp	5
Admission and Skill development training/ entrepreneurship	4

• **Street show/Cultural show:**

Conducted 11 Cultural Show with the community people and 4 Street Play performed to create awareness among the community people regarding harmful effect of taking Drugs.



• **Street show/Cultural show:**

62 Community Level meeting conducted with the women, youth and stakeholder of CLAST Group on the various issues faced by them and finding out the way by the community peoples to address those particular issues.



• **Events for Substance Abuse:**

The main motive of this program was to eradicate the stigma associated with the victim of Substance abuse peoples, neglected and abandoned since they are the neglected section of the society.



• **Community outreach through TB Champions:**

Reaching to the community with the message of eradicating the TB and stigma and to create awareness among the community people through the TB champions "TB HAREGA DESH JEETEGA"



• **Formation of CLAST group:**

Conducted 11 Cultural Show with the community people and 4 Street Play performed to create awareness aWe formed a total of 15 Community Level Active Surveillance Team of women, youth, and Men in every areas of ward 58 and 66, so that they can help us in identifying people affected with tuberculosis and people those who are addicted with drugs and alcohol, also help them in monitoring the people those who have returned from Rehabilitation Center a, TB patients who are on treatments.mong the community people regarding harmful effect of taking Drugs.



• **Capacity Building of the group members:**



The Capacity Building Training for the CLAST group members as well as for the staff is necessary to equipped and has the proper knowledge about the Tuberculosis and Substance abuse. They are equipped with the skill and knowledge to understand their problem and deal with it.

• **Seminar and workshop on TB and De-addiction:**

Seminar and workshop is conducted by the Resource person from the SPAN NGO and from the MUKTI Rehabilitation Center to train the people and make them aware about the TB and harmful effect of Substance use. Conducted 5 workshops and seminars.



• Health Camps for the Community:

Keeping in mind of our project and our community people conduct homeopathic health check up camps for free at different schools, areas and even in our Seva Kendra Calcutta in every 1 to 2 months for the community people. These camps also help us to identify people showing TB symptoms.



• De-addiction Camp:

We mobilize the addicted people through the P.I Meeting where all the stakeholders and the community people also give their support it is a collective action toward the prevention of alcoholism and substance abuse. Public Information is a program where all the people from the particular place are free to come and the resource person share its testimony as well as create an harnesses about the harmful effect of substance abuse.



• Special Care for the aged people:

Elderly people play the important role in the community as well as in the society. The elderly are in the highest risk for chronic health problems like diabetic, osteoporosis and Alzheimer's disease, So we also care for the aged patients and send them to the health Centre as per their needs. We found an old lady named Kalabati Das of 76 year old from Dhapa Dhipi 58 ward was seriously ill found by our field implementers while doing survey and sent to the HOPE hospital for treatment with the help of MC Sisters. Now she is treated and send back home and is been followed up frequently.





Achievements:

- Changed the life of Mr. Amit (name Changed) by sending him to the Mukti Rehabilitation Centre. There he successfully completed his course of detoxification and rehabilitation. Now he is completely recovered to his normal life and continue to lead healthy life, and started the small business and living with respect and dignity.
- Changed the life of Mr. Sunil (name changed) by sending him to the rehabilitation center and successfully completed the course of Detoxification and rehabilitation in mukti center. Now he is continuing to lead the healthy life with his whole family member with peace and happiness.
- Life of Mr. Md. Raja (Name Change) is changed with the help of counselling and guiding he was addicted with alcohol and Ganja because of depression and peer pressure. He is now in long –term recovery and joined the skill-development (GDA) course in Seva Kendra Calcutta and continuing his study.
- Former TB Champion Juhie joined the Skill-Development course and motivating others.
- Treatment, rehabilitation bringing new hopes in the life of person with substance use disorder, and in the community created the awareness, motivated for counseling, detoxification, rehabilitation, vocational and re-integration into social mainstream.
- Community people helped Mr. Abdul Mallick (name changed) in mazdoor para, he was showing some symptoms of TB. Community people send him to sputum test and he found TB positive, now he is going to DOTS center and taking his medicine continuously.
- Md. Raza 9-year boy was suffering from the Tuberculosis (TB) then PSAT field mobilizer helped him to go for Sputum test where he found TB Positive, He referred to DOTS Center and start taking the medicine and completed the full course and regularly followed-up by our field mobilizer. He is recovered and now he is a young TB champion motivating others.
- Created Greater Awareness about the ill-effect of alcohol and substance abuse and people with substance use disorder now has hope of better life.
- Helped Mr. Harun Mallick (name changed) addicted with Brown Sugar and Ganja and his father was also substance use disorder patient he remains in the house and always addicted with brown sugar and other Drugs. Mr. Arun remain isolated from childhood and never had love and guidance of his father, then under the peer pressure he started to smoke ganja with his friend's circles during his childhood days or latency period he developed the mistrust, autonomy, leading to shame, guilty and experience of inferiority within, he was also involved in illegal activities such as theft and petty crime, his mother meet with one of our CLAST member and she told her about the P, I (PUBLIC Information). He keeps coming in every P.I which shown his willingness to leave the substance abuse, so we send him to Rehabilitation Center where he successfully completed the detoxification and almost completed his Rehabilitation course, and after coming out he will start his own business.



Impact:

During the first phase for Prevention of Substance Abuse and Tuberculosis Project it was very challenging to work with this sensitive issue. In our first phase we started with the small meeting with the community people, visited the field to understand the situations, and within the meeting we start talking about the substance abuse and tuberculosis the community people itself shared their problem which happened due to substance abuse like family Dysfunction or family crises, domestic violence, School Drop-out, Delinquency and many more problems in the community. The community people are interest to work and create awareness about the side effect of substance abuse and stigma associated with TB patients. Then with the help of community people we have created the CLAST Group (Community level active surveillance team) we have created 15 CLAST group, Conducted capacity building training for the CLAST team and TB Screening training, the community people itself taking the action helping the people to come out from the substance abuse by sending them and their family members to P.I (public information meeting) Creating the awareness about the Substance abuse and removing the stigma associated with TB patients through Rally, Auto-campaign some time door to door visit if needed and doing basic counselling.





Stories of change:

Amit (Name change) a 25-year-old man from Kolkata belongs to lower socio-economic class. Staying with his wife and 3 daughters, he has done multiple types of work for living and his wife is a domestic worker (and some time work as a rag picker). Because of the financial problems he couldn't afford to give his wife and children three day meals also couldn't send his daughters to school and give them a better education this led him to depression due to which he started taking drugs with his other peer's groups. Soon he started Domestic Violence due to frustration and this continued for a long period of time, he also started illegal activities such as theft and other petty crime. The wife was distressed with everyday fights and domestic violence and seeking for help mean while she interacted with the CLAST Group of Seva Kendra Calcutta they informed her about the Public Information (PI) meeting which held once in a week.

After this they attended the PI meeting, he was counselled by Simon sir from Mukti Rehabilitation Centre and then PSAT Staff started counselling and rapport building regularly. After few days we send him to Mukti rehabilitation center for treatment, and now he has completed his Detoxification and Rehabilitation Course and completely recovered to his normal life and continues to lead healthy life, just before finishing the course he asked help from Seva Kendra Calcutta to start small business, so that again he do not trap in to cycle of poverty and relapse, after completing the Rehabilitation course perfectly our CLAST team monitor him continuously. He attained every important meeting and AA (Alcoholics Anonymous) meeting. Then we planned the business with him and he has shown his willingness to start the business, then Seva Kendra Calcutta provided him the van Cart (Thela Gadi) with the good quantity of sleepers for (Kids, Man and ladies) to start the business and live in the society with respect and dignity.

