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NEWSLETTER

Stronger Bodies, Sharper Minds, Healthier Futures



A Community's Journey Towards Better Health



A free diagnostic medical camp was organized for the community of Dara Para, Ward 59. Conducted by a team of doctors from The Calcutta Homeopathic Medical College and Hospital, led by Dr. Mahua Majumdar, the camp provided free health check-ups and homeopathic medicines. Moving forward, follow-ups will be conducted to track patient recovery. The camp's success was due to the dedication of health professionals, volunteers, and the gratitude of the beneficiaries.

Promoting Eye Health in W59



Restoring Vision: Free Eye-Screening in Dara Para



Seva Kendra Calcutta successfully organized a free eye-screening camp in Dara Para, Ward 59, in response to the community's need.

On the event day, optometrist Dr. Akash Maiti from Sasrut Hospital provided free consultations and screenings, helping 59 patients. The screenings revealed cataract signs in many seniors and refractive errors such as nearsightedness and farsightedness in others.

The doctor also expressed concern about children and adolescents developing poor vision due to excessive mobile phone use.

This eye-screening not only provided essential health services but also raised awareness about the importance of eye care within the community.

Diabetes Care Initiative



A Step Towards Safer Motherhood



A special diabetic camp was organized for pregnant women and lactating mothers from the rag-picking communities of Khanaberia and Boinchtala in Ward 58. This initiative aimed to provide essential health screenings, early diagnosis, and awareness to ensure better maternal and infant well-being.

Doctors conducted free blood sugar tests, medical check-ups, and nutritional counseling to detect and manage gestational diabetes. Many women received guidance on maintaining a healthy lifestyle and preventing long-term complications. With the support of dedicated medical professionals and volunteers, the camp successfully provided crucial healthcare services, reinforcing the importance of maternal health in underserved



Annual Sports day at Serampore

Sprint, Spirit, and Smiles

Seva Kendra Calcutta celebrated its Annual Sports Day with great enthusiasm and energy at Serampore. The event brought together staff, community members, and participants of all ages for a day filled with fun, fitness, and camaraderie. From exciting races and team games to individual competitions, the sports day showcased remarkable talent, teamwork, and a spirit of healthy competition. The vibrant atmosphere was complemented by the cheers of supporters and the smiles of participants. It was a memorable day of unity, celebration, and fostering the values of physical and mental well-being, leaving everyone inspired for the year ahead.

